



# How to plan and prepare for KS4 PE PiPs

In PE, we **Upload, Process** and **Download** our way to successful grades, just like in all other subjects.

These listed strategies are supported by educational research, and are designed to enable you to engage with activities which result in successful outcomes.

1



For each exam topic, you will use your Specification and folder to create flashcards of the important information you need to remember. This should include examples to show your AO3 application.

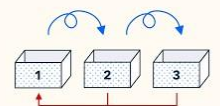


*The purpose of the flash cards is to consolidate your knowledge of the sub sections of the specification.*

2



Your flashcards will be used to help you remember the key information – in lessons we will be using the Leitner Box method to test ourselves.



*All flashcards begin in Box 1. If you get one right, it moves to Box 2. If you get a Box 2 flashcard right, it moves to Box 3. If you get it wrong, it either moves down a box or stays in Box 1.*

3



Practise questions are the most important revision you can do – You need to choose questions you Have identified as weaker sections from your specification.

In Y11 we continue to do end of unit assessments which will revisit current and past topics



*It is important that you put the knowledge you've learnt from Upload and Process into practise.*