



Children & Young Person Directory

Your Guide to information





Contact:

- Leila - Leila@gympanzees.org
- 07761 913 466
- <https://lendinglibrary.gympanzees.org/>



Contact:

- hello@thejhf.org or 01275 873 962
- Website or other online location for CYP & Parents/carers to find out more: www.thejhf.org



Contact:

- Laura Porter, Music & Creative Health Practitioner,
laura@nowhearthismusic.org,
07746785726
- Website or other online location for CYP & Parents/carers to find out more www.nowhearthismusic.org

Gympanzees Lending Library

- We offer a Lending Library where you can loan sensory equipment for up to 4 weeks.
- You can loan up to 3 items for £3 each.
- Delivery service is available for a small fee, or collection from our centre in Aust is free.
- This service is free if you are in receipt of U.C.
- This is for ages 0 - 25

The JHF Youth Charity

- Offer/service available for CYP or Parents/Carers -
- Personalised mentoring and tutoring for young people in North Somerset.
- Age groups you work with- 8-18 (or up to 25 if the young person has an EHCP)
- Dates and times you offer your services:
- Term time, Monday-Friday, approximately 9-5

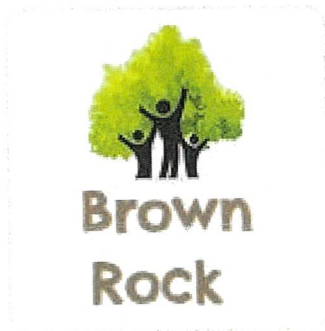
Now Hear This Music CIC

- Offer/service available for CYP or Parents/Carers:
- Creative Health and Wellbeing: Practical Music Making - Group work, 1:1 music education, EOTAS and ALPs, Home Ed., specialists in access and inclusion in music for disabled and neurodivergent people. We work in community settings, within schools, and within specialist provisions.
- Age groups you work with:
- CYP ages 3 - 25 (but we do work with all ages!)
- Dates and times you offer your services
- Early Years and Home Ed./ALPs for primary age is Wednesday mornings. Secondary age home ed./ALPs is Tuesday afternoons. Supported disabled adults is Tuesday mornings. By appointment for 1:1 and bespoke packages. All info on website.



Contact:

- email: northsomerset@otrbristol.org.uk or phone: 07399468401
- Website or other online location for CYP & Parents/carers to find out more: www.otrnorthsomerset.co.uk



Contact:

- Donkey Therapy – through Alita and Deb with email to donkeys@brownrock.co.uk
- Nature Connection – through Jason and myself with email to flourish@brownrock.co.uk
- Website or other online location for CYP & Parents/carers to find out more www.brownrock.co.uk

OTR (Off The Record)

- Offer/service available for CYP or Parents/Carers: mental health support for young people
- Age groups you work with: 11 - 18 years
- Dates and times you offer your services: Regular sessions: Drop-in Hub at Portishead Childrens CentreHub Mondays from 24 April, 3.30 - 5. Drop-in Hub at Castle Batch Childrens Centre Worle Wednesdays 3.30 -5.30
- upcoming: online MindAid from 11 March. 16.30 - 17.45

Brown Rock - Tickenham

- Offer/service available for CYP or Parents/Carers
- Donkey Therapy sessions
- Nature Connection – which is an open space drop-in session twice a month, with bookable mini workshops for CYP and their parents, support workers, mentors etc to explore different activities and work at their own pace.
- Workshops will include , growing, bushcraft, forestry, NatureWell for families, Permaculture for families, Donkey wellbeing
- Age groups you work with- 8+
- Dates and times you offer your services
- Donkey Therapy throughout the year from April to October – needs prebooking
- Nature Connection will be from May, twice a month (during the week) and will be an open space drop in service with various mini workshops at set times as above



We have a friendly admin team you can chat to via phone or email to find out about the support we offer.

- [01275 810 879](tel:01275810879)
- reception@wellspringcounselling.org.uk



Contact:

- Office phone number: 01934 384041
- We will respond during our next opening time if you contact us outside of these times.
- Our general email address is admin@bridgingthegaptogether.org.uk
- website: bridgingthegaptogether.org.uk

Wellspring Counselling

- Wellspring Counselling has a team of skilled Young People Counsellors who are trained to work with the 11 – 18 age group, confidentially and sensitively
- Office hours for contact
- Monday 1330 - 1630
- Tuesday to Thursday 0930 - 1630
- Leave a message outside of the above hours

Bridging the Gap Together!

Bridging the Gap Together! (BTGT!) is a dynamic and independent Community Interest Company established in 2016 with a clear mission: to empower and support families and individuals with Autism and other neurological conditions.

Activities include: Minecraft, Photography, D&D, Arts & Crafts, NeuroVision, Gayme

Office Address: 59-61 Meadow Street, Weston-super-Mare

Opening times: Monday, Wednesday and Friday
1000 - 1600

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Youth Work Provider

Contact:

- 07725989187
- email: karenanpike@gmail.com

FoReal Youth Club Nailsea

- No 65 Hight Street Nailsea
- Youth Club meets on
- Monday, Wednesday, Thursday

Drop into No 65 for find out more



Contact:

- www.kooth.com

KOOTH

- Online accessible support for young people all at their own pace
- Supporting children and young people
- Free anonymous mental health support
- Registration to access services via the website

Further information available on North Somerset Online Directory

