



July 2024



Re: The ABSolute Curriculum 2024-25

Dear parents and carers,

As we end this academic year and look ahead to the next, I wanted to provide you with an overview of the ABSolute Curriculum. The ABSolute is an important part of educating our young people on building healthy relationships, understanding their emotions and bodies, and making safe and informed choices.

All content is age-appropriate and has been carefully planned to ensure that students learn in a safe and inclusive environment. If you have any questions or concerns about the curriculum, please do not hesitate to contact me.

The ABSolute Curriculum will take two main strands for the 2024-25 academic year:

- 1-hour a fortnight PSHE lesson for students in Y7-9.
- 40-minute a week ABSolute Curriculum lesson for students in Y7-10 (Tuesday timings are different to accommodate this)
- 40-minute a week ABSolute Curriculum lesson for students in Y11 for term 1 and 2 only. From term 3 academic interventions take place (Tuesday timings are different to accommodate this).

You can find more details about our personal development programme which includes the ABSolute Curriculum, Careers Education (overseen by Mrs. Ruty, Assistant Headteacher – Aspiration and Inclusion), SMSC and British Values on our school website here: <https://www.nailseaschool.com/personal-development/>. The programme provides the foundation to support students' overall growth and equips them with knowledge and life skills to thrive as individuals and valuable members of society. We welcome your engagement and feedback on our personal development curriculum.

Please find attached to this letter the draft curriculum maps for the PSHE and ABSolute Curriculum programme for the 2024-25 academic year.

The ABSolute Curriculum is vital for developing students' personal development; equipping our young people with the knowledge and skills to make safe, ethical and healthy life choices. Your support as parents/carers in reinforcing these lessons is greatly appreciated. I look forward to working with you to provide the best learning opportunities for your child.

Kind regards,

Mr. Joshua Boyce

ABSolute Curriculum Coordinator