

Becoming Independent: Balancing part time work and studies, healthy relationships and consent. **ASPIRE**

Politics and the Wider World: democracy in the UK, leadership structures, styles and skills **SMSC**

Physical Health: health eating, cancer screening, meningitis **RSHE**

Finance: managing a budget, banks, pay checks, taxes, national insurance, payday loans **Community**

Taking Risks: sexual health, contraception, drugs and alcohol **RSHE**

Prejudice and Discrimination: Protected characteristics, challenging discrimination **SMSC**

Emotional Health and Resilience: managing stress, anxiety, depression and body image. **RSHE**

Mental Wellbeing: recognising signs of mental health, stress and strategies to support **RSHE**

Living Independently: enrolling in health care, managing personal safety, travelling abroad **Community**

Staying Safe: pregnancy, miscarriage, fertility, sexual health and domestic abuse **RSHE**

EVOLVE

Becoming Young Adults in Society

RSHE
Relationships, Sex, Health Education

SMSC
Spiritual, Moral, Social, Cultural

Community
Becoming Young Adults in Society