

7X

	7/9-21/9 *5 lessons	27/9-19/10 8 lessons	*1/11-20/11 7 lessons	23/11-15/12 7 lessons
HT	Carousel	Netball Courts	Hockey 4G	Football 4G
JVW/COM	Carousel	Gymnastics 007	Netball Courts	Badminton SH
DTR	Carousel	Rugby Field	Gymnastics 007	Netball Courts
DG	Carousel	Badminton Sports Hall	Rugby Field	Dance 007

7Y

	5/9-19/9 *5 lessons	22/9-17/10 8 lessons	*1/11-21/11 7 lessons	24/11-14/12 7 lessons
JVW/DG	Carousel	Netball Courts	Hockey 4G	Football 4G
HT	Carousel	Gymnastics 007	Netball Courts	Badminton SH
STA/DG	Carousel	Rugby Field	Gymnastics 007	Netball Courts
COM	Carousel	Badminton Sports Hall	Rugby Field	Dance 007

Major Muscles to be taught

Theme for dance Action-James Bond/sports

* carousel 5 lesson includes expectations talk *Yr. 11/13 Mock exam period 13th November-24th November

House Matches-week 11th December

7X

	4/1-18/1 5 lessons	24/1-9/2 6 lessons	22/2-7/3 5 lessons	13/3-27/3 5 lessons
HT	Badminton Sports Hall	Gymnastics 007	Dance 007	Rugby Field
JVW/COM	Dance GLT	Hockey 4G	Rugby Field	Football Field
DTR	Football Field	Badminton Sports Hall	Hockey 4G	Dance 007
DG	Gymnastics 007	Football Field	Netball Courts	Hockey 4G

7Y

	5/1-24/1 6 lessons	25/1 -8/2 5 lessons	20/2-8/3 6 lessons	13/3-28/3 6 lessons
JVW/DG	Badminton Sports Hall	Gymnastics 007	Dance 007	Rugby Field
HT	Dance GLT	Hockey 4G	Rugby Field	Football Field
STA/DG	Football Field	Badminton Sports Hall	Hockey 4G	Dance 007
COM	Gymnastics 007	Football Field	Netball Courts	Hockey 4G

Major muscles taught Dance theme- Action, James Bond/sports Gymnastics theme-Methods of movement, rotation and fundamental shapes:
House Matches-week 25^h March

7X

	12 lessons	15/4-24/5	14 lessons	3/6-18/7
HT		Athletics Outside		Striking and Fielding Outside
JVW/COM		Striking and Fielding Outside		Athletics Outside
DTR		Athletics Outside		Striking and Fielding Outside
DG		Striking and Fielding Outside		Athletics Outside

7Y

	12 lessons	16/4-23/5	14 lessons	4/6-19/7
JVW/DG		Athletics Outside		Striking and Fielding Outside
HT		Striking and Fielding Outside		Athletics Outside
STA/DG		Athletics Outside		Striking and Fielding Outside
COM		Striking and Fielding Outside		Athletics Outside

Major Muscles should be known by now

Sports Day-Tuesday 9th July Reserve Sports Day- Thursday 11th July

Summer exams 9th May- 19th June