

PSHE, RSHE, SMSC and British Values at Nailsea School





Intent – we aim to...

• PSHE: Personal, Social, Health and Economic (PSHE) education

RSHE: Relationships, Sex and Health Education

• SMSC: Spiritual, moral, social and cultural development

British Values: Democracy, the rule of law, individual liberty, mutual respect and tolerance

Deliver an engaging, exciting and ambitious curriculum for all students at Nailsea School which encompasses everything not covered at a subject level.

Contribute to the promotion of Relationships, Sex education and Health Education (RSHE), Spiritual, moral, social and cultural development (SMSC), British Values and careers education. Developing the whole child in line with our school ethos of aspire, believe, succeed.

Build students' knowledge and understanding of the world they live in, their rights and responsibilities as well as promoting tolerance and respect.

Equip students with the knowledge they need to live healthy, safe, productive, capable, responsible and balanced lives. We do this through **three core themes:** health and wellbeing, relationships and living in the wider world.



Implementation – How do we achieve our aims?

ABSolute Extended Tutor Time



Every student in Y7-11 at Nailsea School has a 40 minute extended tutor time (ETT) every week. This is taught in year groups to allow for age-related content and sequencing. In the Sixth Form, this is a 20 minute weekly session. Students cover a variety of topics which contribute more broadly to RSHE, SMSC, Careers & finance and British Values.

ABSolute Themes



These themes are covered in our assemblies led by tutor groups (tutor and students). The themes of these assemblies are: Aspire, Believe, Succeed Ambition, Respect, Kindness, Pride, Community & British Values.

ABSolute Assemblies



Every student at Nailsea School (including sixth form) have a 20 minute assembly each week. There are different speakers each week including guest speakers, where appropriate. Some examples of assembly topics are: antibullying, inter-faith week, British values, Holocaust memorial and LGBTQ+ month.

Staff are supported in delivering this content through CPD, weekly emails from the ABSolute Curriculum Coordinator with top tips for delivering the content as well as receiving the resources in advance of the session.

The Curriculum Map for the ABSolute Curriculum ETT has been carefully planned out to fulfil our statutory requirements for RSHE as well as promoting SMSC, British values, careers and finance education.

The resources for the ABSolute Curriculum are carefully planned and sequenced taking into account prior knowledge, future knowledge and age-related expectations using a variety of resources.

We regularly work with visitors to compliment our ABSolute Curriculum offer.

Some examples of visitors we have worked with are: the emergency services, Off the Record, St John's Ambulance.



Implementation (continued)

The ABSolute Curriculum is delivered in a way that ensures that students feel safe and encourages participation by using a variety of teaching approaches and opportunities for students to develop critical thinking and relationships skills.

We promote safe, equal, caring and enjoyable relationships by learning about topics such as friendships, families, consent, relationship abuse, sexual exploitation and safe relationships (including online).

We regularly contribute towards safeguarding the mental and physical wellbeing of our students working with the safeguarding team to signpost sources of support both within school and outside services/partnerships.

We work in partnership with parents/ carers informing them about what their children are learning and when, providing guidance towards resources that can be used at home. Examples include regular parent updates through the schools newsletter and social media updates.



Impact - How will we know we achieved our aims?

Checking understanding



Confidence checkers, Microsoft Forms quizzes, other methods are used to check for students understanding of the content that we have taught them. This shows the impact that the unit has had on students and their understanding of the world.

Behaviour/culture/prejudice



At Nailsea school, the impact of the ABSolute Curriculum can be seen in the excellent behaviour of our students, the supportive culture of Nailsea inspired by our Aspire, Believe, Succeed ethos. Levels of bullying and prejudice are low and we believe that the ABSolute Curriculum supports this. March 22 student survey: 75% of respondents agreed that Nailsea School is a welcoming and inclusive environment for all students.

Student/staff/parents Voice



Feedback is at the very heart of what we do at Nailsea School. Students, staff and parents regularly contribute to the improvement of the ABSolute Curriculum. This is supported by quality assurance lesson observations.

Academic Year 2022/23:

- Staff survey (terms 1 & 2)
- Student survey & in-person student voice (terms 3 & 4)
- Parent voice (terms 5 & 6)

We are proud of the ABSolute Curriculum and firmly believe that this helps to inform the attitude, behaviour and respect that students show around the school, within lessons, at social times and more widely in the community.

Pupils leave Nailsea School armed with the skills, knowledge and understanding of the world they live in, their rights and responsibilities centred around health and wellbeing, relationships and being able to live in the wider world.

The ABSolute Curriculum contributes towards the safeguarding of our students. There are numerous examples of disclosures to tutors, Head of Houses and the Safeguarding Team following ABSolute sessions.

By measuring the impact of the ABSolute Curriculum, this informs actions plans, curriculum mapping and individual lessons. This also has an impact on our planning for future assemblies and our ABSolute themes.