

Build your vision. What is the difference between a dream and a goal?

VISION

Develop a range of strategies for time management, prioritising and effective working systems.

SYSTEMS

Develop strategies for managing workload, and maintaining high levels of independent study.

EFFORT

Set SMART Targets to take active steps towards your goals.

VISION

Adopt positive attitudes to your learning process, resulting in high levels of resilience

ATTITUDE

Refine revision strategies, implementing revision programmes.

PRACTICE

What is meant by 'effort'? What does high levels of effort look like? How does effort equate to success?

EFFORT

Learn about successful revision strategies to implement throughout the year, with high impact.

PRACTICE

Build your confidence in your abilities and resilience to overcome barriers in your learning

ATTITUDE

Develop strategies to adopt strong working practices— the habit of intense effort.

EFFORT

Review and refine your vision and SMART targets. What plan do you need to put in place?

VISION

Know your strengths. Refine revision strategies that will target areas for development.

PRACTICE

VESPA

The A-Level Mindset!

Vision
Effort

Systems
Practice

Attitudes
Success