



BTEC Level 3 Health and Social Care


WATCH

Louis Theroux Documentary:
Dementia – Extreme Love
Genie Wiley: Neglect and
Milestones
Mum, Dad, Alzheimer’s and Me
Big Hospital Experiment
The Secret Lives of 4 and 5 Year
Olds
Speech Journey
Care: BBC drama about
discrimination/disability
Crisis in Care – BBC Panorma: Who
Cares?
Rio & Kate: Becoming a Stepfamily


READ

Introducing the 6C’s
The Dementia Guide
Nature Verses Nurture
Childhood Milestones
Communication Difficulties
Foetal Alcohol Syndrome
Equality Act 2010
Mental Health Capacity Act
Triangle of Care Theory


LISTEN

Racism & discrimination: Impact on
health care.
In sickness and in social care
Dementia Together Podcast
Piaget – Children’s Thinking


CREATE

A poster about your current top 3
jobs in the HSC sector.
Support booklet for families living
with one physiological disorder.
Timeline of Milestones for
Development
Knowledge Organiser of the Life
Stages
Poster on Equality, Diversity and
Discrimination


LEARN

Key terminology for Health and
Social Care (sheet)
PIES – What do we mean by them?
(sheet)
Roles & Responsibilities of HSC
Workers (sheet)
Key legislation for Health and Social
Care (sheet)


RESEARCH

What are the principles of the 6 C’s?
What went wrong at Winterbourne
Care Home? What has been put in
place since?
What is a pandemic? Research
either swine flu, Spanish Flu, HIV.
What is an epidemic? Research
either Ebola, measles, malaria, SARS.

Unit 1 – Life Span
Development

Unit 2 –
Working in HSC

Unit 5 –
Equality &
Diversity

Unit 14 –
Physiological
Disorders

Unit 15 -
Microbiology

Unit 17 -
Dementia

Welcome to Year 12 Health and Social Care!

We are really looking forward to starting our course and meeting you all. In the meantime, we have put together a pack of resources which will prepare you for starting HSC in year 12. You don't need to complete them all, but over the next few months it would be useful if you could complete some of the above tasks. The idea of the tasks above is that you can select tasks to do each day or week. If you find a topic really interesting, carry out some more research! If you hover your mouse on the above tasks, there are links to the appropriate websites.

Slightly more information about each task can be found below.

Please drop us an email if you have any questions or concerns. Stay inside and stay safe, and hopefully see you very soon!

Mrs Macleod and Mr Mawford

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WATCH

There are a large number of documentaries and programmes that would be really useful to watch to give you a good insight into a range of concepts in HSC.

It would be useful if you make brief notes (spider diagram, bullet points etc) about what you notice in each clip. Make a list of questions of anything that you'd like to find out more about.

READ

There are a range of articles/websites that would be worth a read. As above, it would be useful to make brief notes (spider diagrams, bullet points etc) about the key points that stand out to you. Again, make a list of questions of anything that you'd like to find out more about. Have you tried researching any of these questions to see if you can find the answers?

LISTEN

A selection of podcasts have been posted above from professionals in the Health and Social Care sector. These topics come up in your first few units and it would be useful to have a background knowledge. Make some brief notes (e.g. spider diagrams, bullet points) about your key findings. What points do you find interesting? What do you want to know more about?

CREATE

A poster about your current top 3 jobs in the HSC sector.

What is your current career plan? What are your top 3 jobs at the moment? Carry out some research into these job roles and create a poster outlining your findings. What does the job involve? What roles and responsibilities would you need to carry out? What are the advantages and disadvantages of the job? How much would you earn? What is the career progression? What would your career path be into the job?

Websites to use: <https://www.healthcareers.nhs.uk/> <https://www.medicalmavericks.co.uk/for-students>

Support booklet for families living with one physiological disorder.

Research **one** of the physiological disorders below. What can you find out about it? What is the condition? What is the cause? What are the symptoms? What are the possible medication or treatment options? What else can you find out about the condition? Turn this into a support booklet for a family member or the service user (patient).

- Asthma
- Dementia
- Diabetes
- Coronary heart disease
- Parkinson's disease

Start by using the NHS website, but there are many other sources to research (just ensure they are valid and reliable sites and not Wikipedia).

Timeline of Milestones for Development

What milestones do children go through in their development, e.g. walking? What is the 'normal' age for these things to happen? Create a timeline of the events from birth – school age (4).

Knowledge Organiser of the Life Stages

What happens to the human body in each of the life stages? Consider the different stages below and consider how an individual develops physically (changes physically to their body), intellectually (how their mind develops,

cognition and learning), emotionally (attachments, self-esteem) and socially (friendships, relationships, play, independence) in that time.

Poster on Equality, Diversity and Discrimination

What do these terms mean? Why are they so important to an individual? Why are they so relevant in Health and Social Care (e.g. in terms of accessing services)? Create a poster on why it is important to promote equality, diversity and anti-discrimination.



LEARN

Key terminology for Health and Social Care

Find definitions for the terms below and learn what they mean:

- Service user
- Setting
- Practitioner
- Domiciliary care
- Rehabilitation
- Discrimination
- Ethical
- Care value
- Empowering
- Dignity
- Safeguarding
- Confidentiality
- Whistleblowing
- Advocacy
- Empathy

PIES – What do we mean by them?

Research what we mean by Physical, Intellectual, Emotional and Social Factors.

<https://www.england.nhs.uk/6cs/wp-content/uploads/sites/25/2015/03/introducing-the-6cs.pdf>

Roles & Responsibilities of HSC Workers

Brainstorm and research what responsibilities do Health and Social Care Workers have? What does this entail?

Consider the following:

- Safeguarding
- Confidentiality
- Care values
- Using Anti-discriminatory practice
- Respecting Individual Differences and Promoting Choice
- Encouraging Independence
- Building and Maintaining a Positive Professional Relationship

Key legislation for Health and Social Care

Find out briefly what each of the following legislation is about:

- Equality Act 2010
- Mental Health Act 2007
- Human Rights Act 1998
- Mental Capacity Act 2008
- Care Act 2014
- Data Protection Act 1998

- Freedom of Information Act 2000

RESEARCH

What are the principles of the 6 C's?

What do we mean by the 6C's in Health and Social Care? What do they involve? Give some examples of why they might be used. Why are they so important?

<https://www.england.nhs.uk/6cs/wp-content/uploads/sites/25/2015/03/introducing-the-6cs.pdf>

What went wrong at Winterbourne Care Home? What has been put in place since?

Winterbourne View was a care home in Bristol. In May 2011, BBC Panorama went into the care home undercover to film and unveil tragic findings. What did they find? What went wrong? Why shouldn't this have happened? What has changed (legally) since then to ensure it doesn't happen again?

What is a pandemic? Research either swine flu, Spanish Flu, HIV.

What is an epidemic? Research either Ebola, measles, malaria, SARS.

Choose one of the pandemics/epidemics above and carry out research. What is the disease? Find out about its biology and make-up. What type of organism is it (e.g. virus, bacteria). How does it transmit? What conditions does it like to transmit? How can it be treated? Research information about the outbreak. When did it happen? What countries? How did it transmit? How was it stopped? What was the death rate?