

# Cambridge Nationals Certificate in Sport Studies (Level 2)

**Contact Person:** Miss J Wild

**Contact Email:** JWild@nailseaschool.com

**Course Outline:** 4 units will be covered (30 GLH per unit) 2 mandatory units (M) 2 optional units (O) (subject to change)

## **RO51- Contemporary issues in sport- written 1 hour examination (M)**

This unit looks at a wide variety areas such as issues which affect participation in sport, promoting sports values, hosting major sporting events and the role of national governing bodies in sport.

## **RO52- Developing sports skills - Centre assessed tasks (M)**

Students will use skills, techniques, tactics, strategies/compositional ideas in **both** a team and individual sporting activity. They will assess their own sporting performance and apply practice methods to support improvement in the sporting activity. Alongside this they will be required to officiate a sporting activity.

## **RO53 Sports Leadership - Centre assessed tasks (O)**

Students will investigate the qualities, styles, roles and responsibilities associated with effective sports leadership. They will be required to plan, deliver and evaluate their own sports activity sessions.

## **RO54 Sport and the media - Centre assessed tasks (O)**

Students will learn about how sports are covered across various media platforms. They will investigate the positive and negative relationship media and sport have. This will lead to an understanding of the relationship between the two enabling students to evaluate the effectiveness of sports coverage in two contrasting media platforms.

## **Skills/attributes developed/required:**

Proactive, inquisitive, hardworking, students who have a solid sporting ability and an up to date interest in all aspects of sport. Students should be a high performer in core PE (in both performance and coaching) at a minimum of gold standard. High attainment levels in Science, English and Maths are suggested. High levels of involvement in extra-curricular sport in and out of school are required. You will need to be able to work under pressure, consistently meeting deadlines and to work independently (within a variety of situations) .

## **Additional considerations:**

Students might asked to record their practical assessments if they participate in activities that require specialist facilities - for example swimming or horse riding.

For these type of activities the GCSE PE teacher will advise them on what is required when in Year 10.

## **Where can it take me?**

**Next Steps:** OCR Level 3 / Diploma A level, Apprenticeship, Employment

**Future career opportunities that this subject may lead to:** P.E. Teacher, Physiotherapy/ Sports' Injury Therapist, Fitness Coach/ Instructor/ Personal Trainer, Strength and Conditioning Coach, Leisure Centre Manager, Leisure Assistant / Lifeguard, Sport Scientist, Professional Sports' Person, Sports' Coach, Dietician, Sports' Nutrition, Sport Psychologist, Sports' Biologist, Sports' Medicine.

## **Examination Information**

**Exam Board:** OCR

**Exam:** Mandatory Unit RO51 1 hour written examination 60 marks (60 UMS)

**Centre assessed tasks:** A range of coursework and practical tasks set up as learning outcomes for each unit (RO52, RO53 and RO54)

## **What do Year 10 and 11 say about Cambridge National Sport Studies?**

*"I have found the course quite challenging but sport is something I am really interested in. I find the theory part difficult but am very supported by the teachers"*