Early Childhood Development

Task 1

Create an A3 poster that explains the difference between **growth** and **development**.

Your work should include:

- *Definitions of growth and development*
- *At least three examples of growth in children*
- *At least three examples of development in children*
- *An explanation of why growth and development are different but linked*

Task 2

Observe a child aged 0-8 (e.g. documentary such as 'Secret Life of a 3 or 4 year old', family video, observation of a family member)

Create a one-page document (poster, notes, report) identifying examples of the five areas of development: physical, cognitive, language, emotional, social

For each area: describe what you observed and explain how this skill might develop further as the child grows.

Task 3

Choose **one** of the following nurture factors:

- *Premature birth*
- *Poverty*
- *Diet and nutrition*
- *Exercise and access to outdoors*
- *Rest and sleep requirements*
- *Access to health care*
- *Access to a range of play opportunities*

Research your chosen factor and produce a **one-page report** explaining how it could affect a child's development.

Your work should include:

1. Introduction

Define your chosen factor, and explain why it is important in a child's life.

2. Impact on Development

Explain how the factor may affect at least **three areas of development**: physical, cognitive, language, emotional, social. Use specific examples to support your explanations.

3. Supporting Positive Outcomes

Describe ways that parents/carers, early years practitioners, or other professionals (e.g. health visitors, teachers, doctors) can help support children who may be affected by this factor.

4. Reflection

Write a short paragraph answering: "Why is it important for professionals working with children to understand the different factors that can influence development?