# ASPIRE | BELIEVE | SUCCEED

10th October 2025



## Dear Parents/carers

The end of term one is fast approaching, with a reminder that Friday 24<sup>th</sup> October is an INSET day for students. Term will finish for students on Thursday 23<sup>rd</sup> October at 3 pm, with students returning at the usual time of 8:30am on Monday 3<sup>rd</sup> November. This will be a week one.

We are very much looking forward to meeting parents at our face to face 'Settling In Evening' taking place next Thursday, 16<sup>th</sup> October, between 4pm and 7pm. All students in years 7, 12 and 13 have the opportunity to discuss how the year has started with their tutors. In addition, for the first time this year, selected year 11 parents have also been contacted to discuss the first term and to look forward to future plans. These conversations are incredibly important, cementing the link between home and school – and where this link is successful, we know students thrive and progress the most.

Other messages for the week can be found below:

# Wear Red - Show Racism the Red Card - 17<sup>th</sup> October

On Friday 17<sup>th</sup> October, Nailsea school will be joining in with the National 'wear red day' campaign and supporting 'Show racism the Red Card' <a href="https://www.theredcard.org/wear-red-day/">https://www.theredcard.org/wear-red-day/</a>.

As part of this, students are invited to <u>swap 1 item</u> of their school uniform for something red as a symbol of their support e.g. red socks instead of black socks, red trainers/shoes instead of their black ones, red bottoms instead of school trousers, a red top instead of their school shirt and tie. There is no charge for this as it's not a non-school uniform charity event but a sign of support.

In recognition of this national event and as part of our ongoing pastoral programme this week in assembly Mr Jones, Deputy Head has led assemblies on British values and next week Heads of House are leading assemblies focusing on hate crime.

#### **World Mental Health Day**

This World Mental Health Day we are excited to launch a set of workshops for students and staff to attend. Starting in Term 2 the year long programme sees a workshop each term that will explore 'Decider Skills', learning about the way they can help us manage our mental health. The aim of these workshops is to provide participants with skills that will help them manage better mental health. The programme has been developed by Mary from the Mental Health Support Team who will be running the workshops, and we're very grateful for this incredible opportunity. More information about what 'Decider skills' are can be found here https://thedecider.org.uk

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## Cycle to school week

Next week (13th - 17<sup>th</sup> October) is the national cycle to school week. We hope that your child will consider cycling to school where possible. Biscuits will be handed out to pupils who have cycled as they collect their bikes at the end of the school day on Thursday and Friday. We hope to offer a Level 3 Bikeability course as part of enrichment week in the summer for those who want to brush up on their cycling skills.

## MCAS - Parent Drop In

Our Your Space team are offering a drop-in session to help parents and carers with the MCAS (My Child at School) app. This will take place on Tuesday  $14^{th}$  October from 3.00 - 6.00pm. All welcome, just bring the device you'd like to access the app on.

Any parents that are feeling confident in using the app and would like to come along to support or share their experience would also be welcome.

For more information please contact Mrs Moran at YourSpace@nailseaschool.com.

#### **First Aid Room**

As a reminder, students should only be reporting to the First Aid room for emergency treatment in the case of incidents or accidents. During one school day last week, 42 separate students took themselves to the First Aid room for a number of reasons that do not qualify as emergency treatment. Examples included having an itchy arm, reporting the swallowing of plastic at the weekend, a new ear-piercing hurting and having a sore throat.

From Monday, any student asking to go to the First Aid room during lesson time will have a member of the 'on call' staff report to the room to ascertain if the reason is appropriate and accompany them to the First Aid room if necessary. Students can make their own way to the room at the start of breaktime and lunchtime if required. As is always the case, our First Aid team will make contact with parents and log those that attend the room for those emergency reasons. Thanks for your support in ensuring the access to this room remains manageable.

#### Flu vaccination

The Sirona nursing team will be in school next term to offer the flu vaccination to all students. Parents will have been sent information about this separately. If you would like your child to receive the vaccine please complete the consent form here:

https://imms.sirona-cic.org.uk/flu/2025/consent?v=4







#### WhatsApp warning

We have been made aware of a new "add everyone" WhatsApp group that students are being drawn in to. This group has 300+ children and adults and is sharing inappropriate messages and images, sexually explicit content, harmful messages promoting self-harm, violence and racism and often sends out 100s of messages overnight. We are aware that some of our students have been added to this group.

Parents please check your child's phone and block, delete and report if you find any of these groups. Check the app settings as the default setting in WhatsApp allows anyone to add a number to a group chat without needing permission. This can be disabled through the "who can add me to groups" tab in the privacy settings section. Adjust auto saving settings so images are not automatically saved to camera.

Cyber safety and the responsible use of social media is addressed in school but we would ask that parents also talk to their child about online safety, encourage open conversation about what you hear in the news or what friends are doing online and ensure if your child has access to these apps they know how to exit, block and report groups.

Finally... with 9 days left to go of term 1, later this morning I would have taken my 99th family of a tour of the school building. There are another 42 families booked in before the end of term. It is great to see the level of interest being generated amongst the year 6 cohort across North Somerset, thinking about attending Nailsea in September. As always, I have been incredibly proud of the school as I have taken visitors around and on leaving, comments are regularly being made about the calm and purposeful environment and the very positive relationships being seen between students and staff. It's been a great way to spend the last few weeks.

Have a lovely weekend

Dee Elliott,

Head teacher





