10X				
	9/9-26/9	1/10-22/10	*5/11-25/11	26/11-17/12
	7 lessons	7 lessons	6 lessons	7 lessons
NAW	Hockey	Volleyball	Netball	HRF
	4G	Sports Hall	courts	Dance Studio
JVW	<b>Football</b>	HRF	CTF	Netball
	Field	Dance Studio	4G	Courts
SAT	Badminton Sports Hall	Rugby Field	<b>HRF</b> 007	Football 4G
DG	CTF	Hockey	<b>Rugby</b>	<b>Volleyball</b>
	Out/007	4G	Field	SH

10Y				
	5/9-30/9	3/10-23/10	*4/11-21/11	25/11-16/12
	8 lessons	7 lessons	6 lessons	7 lessons
GD	CTF 4G	Volleyball Sports Hall	Netball courts	HRF Dance Studio
NAW	<b>Football</b>	HRF	CTF	Netball
	Field	Dance Studio	4G	Courts
SAT	Badminton Sports Hall	Rugby Field	<b>HRF</b> 007	Football 4G
СОМ	CTF (Invasion)	Football	Rugby	Basketball/Volleyball
	Out/007	4G	Field	SH

HRF linked to OCR L2 House Matches-week 11<sup>th</sup> December \*Yr. 11/13 Mock exam period 11<sup>th</sup>-22<sup>nd</sup> November

	10X				
	6/1-21/1	23/1-11/2	24/2-11/3	13/3-1/4	
	6 lessons	6 lessons	6 lessons	6 lessons	
NAW	CTF	Basketball	Football	SAQ/Fitness training	
	out	Sports Hall	4G	(4G)	
JVW	<b>Volleyball</b>	Hockey	<b>Orienteering</b>	Bench ball	
	Sports Hall	4G	Field	(007)	
SAT	Handball	CTF (Invasion)	Basketball	Danish Long Ball	
	courts	out	Sports Hall	(4G)	
DG	<b>Football</b>	<b>HRF</b>	<b>Netball</b>	Basketball	
	4G	007	Courts	(SH)	

10Y				
	6/1/1-22/1	27/1-10/2	24/2-12/3	17/3-31/3
	6 lessons	5 lessons	6 lessons	5 lessons
GD	Orienteering	Basketball	Football	Ultimate Frisbee
	Field	Sports Hall	4G	(4G)
NAW	Volleyball	OAA/Teambuilding	Couch to 5K	Basketball/Badminton
	Sports Hall	4G	out	(SH)
SAT	Handball courts	CTF Invasion out	Basketball Sports Hall	Danish Long Ball (4G)
СОМ	<b>Hockey</b> 4G	<b>HRF</b> 007	Handball Courts	Table Tennis (Leisure) (007)

HRF linked to OCR L2 3<sup>rd</sup> April GCSE Mock House Matches-week 24<sup>th</sup> March

10X*				
	21/4-8/5 7 lessons	13/5-10/6 7 lessons	12/6-15/7 7 lessons	
NAW	Athletics & Circuit Training	Striking and fielding	Benchball (007)	
JVW	Striking and Fielding	Athletics	Badminton/Pickleball (SH/courts)	
SAT	Athletics	Striking and Fielding	Fives Football (Rec) (4G)	
DG	Striking and Fielding	Athletics	Frisbee (out/courts)	

10Y				
	21/4-12/5 7 lessons	15/5-11/6 7 lessons	*16/6-17/7 8 lessons	
GD	Athletics	Striking and fielding	Option (out/courts)	
NAW	Striking and Fielding	SAQ & Circuit Training	Benchball (007)	
SAT	Athletics	Striking and Fielding	Fives Football (Rec) (4G)	
COM	Striking and Fielding	Athletics	Fives Football (Rec) (SH)	

<sup>\*</sup>Summer exams 6<sup>th</sup> May- 23<sup>rd</sup> June