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# Welcome!

## Year 10 Prep for Success

Important information, advice, and tips for success...

(Parents *and* students!)

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*Powerpoint (with links) available from Monday via school website*



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# Important Dates; 2022-23

18 November	Report home
8 December	Subject Evening
31 March	Report home
5 June	Y10 exams start – GCSE format
26- 30 June	Work Experience
18 July	End of year report – exam outcomes



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**“GCSE, AS, and A level exams in England will largely return to pre-pandemic arrangements next summer as young people continue to recover from the pandemic.**

**In line with the plans set out last September, Ofqual has confirmed a return to pre-pandemic grading in 2023.”**



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## GCSE Structure

- **Linear** for *most* subjects
- *Some* coursework
- Grades 9 to 1
- Tiered Papers in Maths, Science, MFL
- Foundation – 1 to 5
- Higher – 4 to 9



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## Core Subjects:

### English:

2 x Language Papers, 2 x Literature Papers

### Science

6 x papers (two for each) (longer for triple)

### Maths

3 x papers (2 x calculator)



# English and Maths

- Students without a grade 4 in English or Maths must study either/both of these subjects as part of any further study
- This requirement is a condition of funding for all students on 16 to 19 study programmes
- Having to retake English or Maths impacts on 6<sup>th</sup> Form guided learning hours



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## Subjects with a coursework component

- GCSE PE (60%)
- Music
- Cambridge National PE (75%)
- Drama (60%)
- BTEC Health and Social Care (60%)
- Textiles, Food (50%)
- Engineering (40%)
- GCSE Media Studies (30%)
- GCSE Art, 3D Art, Photography (60%)
- ICT (50%)



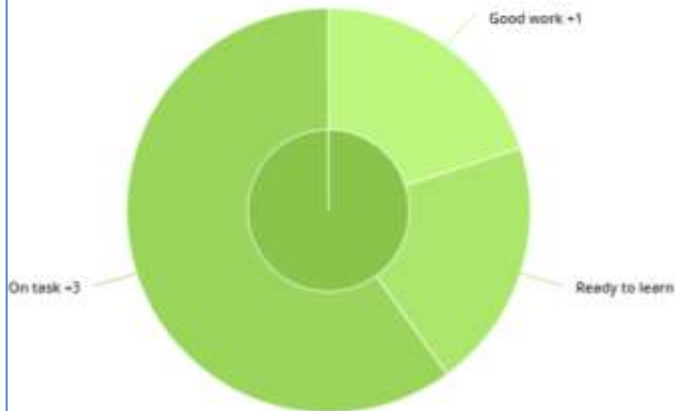


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# Classcharts

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Behaviour score breakdown



Lesson: 10S/Sc4c Subject: Science Group/Year: 10

Name \*

Y10 Chemistry Homework 1

Homework type

Homework

Issue date \* [?]

15/9/2022

Due date \*

21/9/2022

Est. time (optional)

Minutes ▾

Available from

00:00 ⌚

Describe the task for your students \*

**B** *I* U ~~ABC~~  $\frac{\square}{\square}$   $\square^2$   $\square_\square$  10 ▾ **A** ▾

Answer the questions into your books.

You don't have to print the sheet, but you can if you want to.

You can use a periodic table.

If you cannot balance the equations at the end, write WORD equations instead.

Most negatives are for *no homework* (38%)



# Supporting with Homework

- Establish routines
- Continue to encourage and praise
- Many homework tasks are building essential exam skills and revision resources
- Good habits now will pay off later



# Key Revision Strategies

## Content-based

- Flash cards (make these)
- Missing words
- Images/coding
- Mnemonic
- Acronyms

## Skills-based

- Practising short answer questions
- Essay plans
- Past papers
- Longer essays – hand in to teacher for feedback



## Revise the Content

### *History*

Importance of *Manifest Destiny* for migration West?

- motive in order to occupy/ claim
- justification to exploit natural resources
- means to spread 'civilised' values

## Practise the skill

### *Apply it to the exam*

- 16 mark question
- AO2 + AO1 - 8 marks each
- Accurate information showing good knowledge of the period (AO1)
- Explanation, importance (AO2)



## Home and school

- Content vs skills – ensure balance (not just podcasts, youtube)
- Help with timings, practice sessions, prep for assessments
- Create a quiet space - away from distraction, siblings – sometimes not practical; press other spaces into service?
- Minimise distractions, additional 'stuff'
- Use of treats, short breaks, morale training
- Rewards – both end point (holiday?) and ongoing (biscuit?)
- Phones – helpful and not helpful. All the key information is in exercise and text books. Most time spent on phones is passive.



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# Wellbeing

*Adolescence can be an exciting/challenging time:*

- Young people change
- External factors change
- Hobbies and interests change
- Friendship groups change



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## Wellbeing

- Students will be anxious; *this is normal*
- Please look out for unusual behaviour
- Let us know: drop us an email
- Tutor/HOH/SLT standard email protocol [pjones@](mailto:pjones@nailsea-school.co.uk)
- It can be specific or something that seems small



## Physical and mental health: helpful things

- Getting outside, walk the dog, cycle
- Chatting to friends (in real life, ideally)
- 'Downtime' – especially later in the evening
- Retain something important; a hobby, a club – avoid the temptation to reduce activities at this point
- Focus on sleep, eating, core things
- Watch aspiration levels and targets; realism and pragmatism are important





## A good night's sleep...

- Encourage 'no screen time' at least 30 minutes before bed: phones, tablets, TV
- Cut out caffeine, don't binge eat before bed
- Avoid weekend sleep pattern changes: late nights and lie-ins disrupt the body clock
- Environment – comfy bed, cool room, darkness
- Exercise after school, a walk



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**Work Experience  
Monday 26 June –  
Friday 30 June**



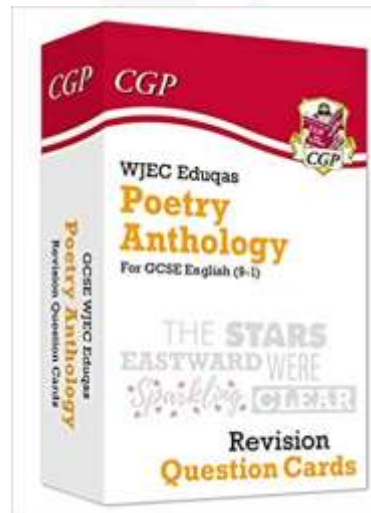
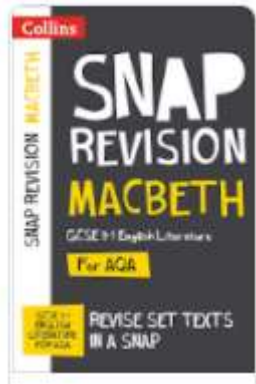
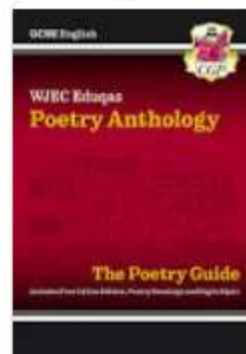
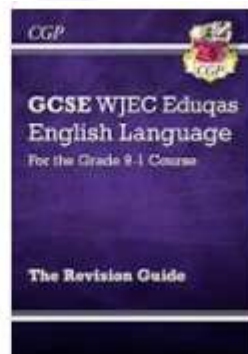
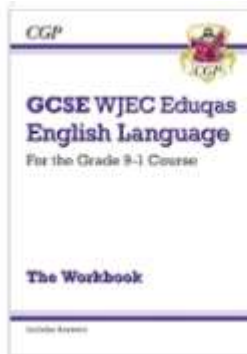
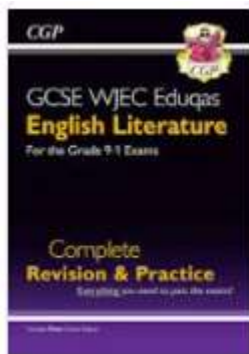
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## Additional Home Learning Resources





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# Important home learning resources:

- <https://massolit.io/> (school subscription)
- <https://hegartymaths.com/> (school subscription)
- <https://senecalearning.com/en-GB/> (school subscription)
- <https://www.bbc.co.uk/bitesize/levels/z98jmp3>
- <https://www.sparknotes.com/>
- <https://quizlet.com/en-gb>
- <https://www.remembermore.app/>

\*sparknotes

Active revision and practice is best





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## Aspiration; planning beyond GCSEs

Future plans; raising aspiration, leading to exam success

- Nailsea is a vibrant, exciting Sixth Form
- Dynamic and exciting environment, small class sizes
- Growing in size across all subjects, especially academic subjects
- *Other institutions are available*, particularly for apprenticeship or vocational study – we want what is right for the individual
- Knowing what comes next is essential
- Not selling yourself short is essential



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