



Message from the Head

Term 4 was another busy one...I say that because looking through the School Newsletter I can review the whole term and it shows to me how much #TeamNailsea has achieved in the past 6 weeks. Not only the highlights showcased here but knowing how much more has been achieved beyond these pages.

There are some fabulous #AimHigh success stories in these pages, a multitude of students focussing on their passions inside and outside of school, winning competitions and putting their best effort into school life and homework. Every step each student takes makes a difference to the future that they are creating and each small achievement adds up to make rewards for the future.

Now is the time for Year 11s & 13s to think about the short-term sacrifices for their long-term gain, to make little changes now will make a big difference later. It is only a few weeks until exam season and although it may not feel like it, the end of school for these students is just a few short months away.

Across the school students will be celebrating with a return to our Rewards events – this term sees a cinema experience with film viewing and treats. A reminder that families can check Behaviour Points through the Class Charts app, and a graphic displaying positive rewards can be found in this newsletter.

This term we say 'goodbye' to some colleagues, Mrs Coombs – affectionately known as 'Coombsy' our Assistant Business Manager for HR & Finance is leaving Nailsea School after 21 years, heading for retirement and looking forward to many, many cruises – we wish her well! She has often stepped away from her 'desk-job' to help with school life doing duties, such as invigilating and she has made a particular impact with students at the traditional 'Sports Personality' event. Her humour and no-nonsense approach has made her a favourite with many staff and students. Thank you for Coombsy!

Mrs Dowland (History) and Mr Bunce (Geography) are also leaving Nailsea School – Mrs Dowland after 15 years to spend more time with her family and Mr Bunce to take some time to walk the El Camino de Santiago away from school life. Mrs Dowland has been a big part of Nailsea School, helping with the Christian Union group, in the History Department and various field trips, she will be sorely missed.

Mr Bunce started here in 2017 as Geography teacher, he has worked hard on developing the Duke of Edinburgh Awards – at the recent Awards ceremony it was clear how much students and parents thought of him, and he too will be really missed.

We wish them all well, they have all made a huge impact on many of the lives of both staff and students and we hope their new adventures are happy and fulfilling.

As we head towards the Easter break – I wish you too a warm, fulfilling and happy time.

Stay safe and be kind.

Mrs Elliott
Headteacher



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Wessex
Learning Trust
We Learn Together!

A Word from the Wessex Learning Trust

I am always shocked by how quickly the end of each term comes around, and yet despite the term flying by once again there has been no shortage of amazing things going on both at Nailsea School, and



across our Trust family.

I was for instance delighted to hear this term that Nailsea School has received a record increase in Year 7 applications for September 2022 start – which has led to North Somerset Council asking the school to raise its Published Admission Number to 220. This is great news for the school as it guarantees a large and vibrant cohort joining our family next academic year, as well as being testament to the fantastic work that staff at Nailsea continue to do to make it a high performing and welcoming school that children and families want to attend. I shall very much look forward to meeting the new intake in September.

Additionally to this, I am very proud of what all our schools have been doing this term to raise money for charity. Across the Trust we have been fundraising for a range of charities including Red Nose Day, the Red Cross Ukraine Appeal, Mind and many others. The drive to care and support others is a value we seek to instil in our learners across the Trust, so it is great to see so many of our young people getting involved with so many amazing fundraising events.

As well as the above, I note that towards the end of this term Nailsea have been running their own Sixth Form Charity week, raising funds through activities like Easter Egg Hunts. This sort of creativity and student leadership is hugely inspiring to see, and I look forward to hearing how much you raise for your worthwhile causes.

After all the hard work of everyone at Nailsea and across the Trust this term, I hope that you will all be enjoying a pleasant, restful (and hopefully sunny) Easter break. Naturally for some of you exams and assessments are on the horizon so I do encourage you to use your time effectively and consolidate your revision now, but to also ensure you do make time to reset and re-charge so that you can be working at your best.

Stay safe and well and I will look forward to seeing what you get up to in term five!

A Message from the Governors

As Easter beckons, we know our students in Years 11 and 13 are working exceptionally hard towards their important exams. Well done to all students who are taking full advantage of the extra sessions offered by teaching staff; stretching themselves and extending their aspirations for the future.

It is always wonderful to see how our school community thrives when working together and the Governors are always proud to see students getting involved to improve the lives of others. Congratulations to all on the excellent House events, raising much needed funds for charities close to our hearts. We are also delighted to see how many students have managed to finish their Duke of Edinburgh Awards, under the very challenging circumstances of the pandemic, and offer our congratulations to them, and our sincere thanks to Mr Bunce and staff helpers who have supported them in their endeavours.

We have been continuing to meet for our Governor meetings and have been progressing our governor work, including governor visits and interviewing for new school staff, to ensure we are meeting our objectives of school improvement. This has included working with our partners in the Wessex Learning Trust, working together on many vital issues for the school and our students.

Thank you to all the students and families who are continuing to support our school, and to our exceptionally supportive PTA.



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Nailsea School PTA

Raising money to enhance our children's education

APRIL 2022 | Term 4

Who'd be on the PTA?...*(especially if you've seen the American comedy Bad Moms!)* by S. Hallett

I joined the PTA when my eldest was in Yr 1 at Primary School, we had recently moved to Nailsea and I wanted to get involved.

I knew the usual stuff: committee meetings monthly (termly at Nailsea) and volunteering at events (mainly adult events at Nailsea) and that PTA parents get a REALLY BAD RAP. Seen by many as a sort of extremist highly trained elite group of super parents who have mastered the art of simultaneously baking cakes, whilst co-ordinating hugely successful events and judging those that don't lay down their life for their PTA – many parents ask “who'd be on the PTA?”

So this is the reality: I met my closest friends in Nailsea through PTA. We are an assorted bunch of extroverts, introverts, organisers and show offs!

We have one thing in common: we are mostly juggling; swan-like on top, and duck-like below the surface and we all know and accept that about each other.

We are just like you: With little time, juggling balls and waiting 'til 6pm for the first glass of wine on a bad day. Only able to commit time here and there when we can.

We have a laugh and make it fun - If I didn't enjoy the laughs/camaraderie I wouldn't do it! So, if you fancy getting an insight into the school, providing resources for our children that may otherwise be beyond the school's means - whilst having some fun along the way come and join us. I promise we don't bite (but some of us do drink!) Our next meeting will be held on 8th June at 7.00pm – please email nailseapta@nailseaschool.com to find out more.



Nailsea Charity Walk

Once again, Nailsea School PTA will be taking part in the Nailsea Charity Walks, Runs and Bike Rides which take place on Sunday 19th June (or you can take part on any day until the end of July). Any student taking part will receive 25 House Points (see your Head of House). There is a registration fee of £10 per adult and £5 juniors (aged 17 or under) .

Sign up here: <https://www.rotary-ribi.org/clubs/page.php?PgID=830743&ClubID=613>



Calling all Students who have grown out of their uniform:

We are collecting good quality second hand PE Kit and School Jumpers to re-sell, to raise funds for School. We also collect ties to pass on to Heads of House. To arrange a donation drop, please text or phone

Karen Bidgood on 07989 924388. PLEASE DO NOT TAKE TO SCHOOL.

If you would like to buy any second hand PE kit or a jumper please get in touch with Karen on the number above or email nailseapta@nailseaschool.com



Social Media – Keep Up-To-Date with the Latest News & Events

Click either of these to find us on [Facebook](#) & [Twitter](#)—you can also find us by searching 'Nailsea PTA'

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Tree-mendous effort from the Eco-schools Committee

On Friday 25th March the Eco-Schools Committee and a host of other volunteers got their hands dirty to plant over 60 trees on the south-east perimeter of the school site. The Committee had applied for a 'free trees for schools' pack from the Woodland Trust as part of their efforts to improve the biodiversity of the school site. The pack included x10 each of silver birch, rowan and wild cherry as well as a mixture of native hedgerow species.

The new trees are just saplings about 50cm in height, therefore pupils had to be very gentle with the roots to make sure that they were not damaged in the planting process. Students worked well in pairs to dig a hole, plant the tree, firm in the soil, water it in and place bark chippings over the top to make sure the saplings did not have to compete for water or nutrients from weeds or grass. A labelled cane was then positioned next to the tree and a plastic tree guard placed over the top to provide protection from small animals and allow the trees to become established.

Pupils read about the different species as they planted and some of the information they learned helped them to name their newly planted trees (see example fact file above 'Rowan') such as 'Aucuparia', 'Cherry' and 'Rowan Atkinson'. Other names included 'Zelensky' after the Ukrainian prime minister, 'Sky' to represent the view that the trees would have and 'Neuf' because the student planting it was in Year 9 and was missing a French lesson to plant the tree!

The event was a truly community occasion involving students in Years 7 to 13, teaching, pastoral and admin staff, as well as local residents from neighbouring properties. The neighbours had been consulted during the planning stage to ensure all parties were happy with the proposals and we learnt a lot from them about the history and ecology of the site. For example, we were provided with the results from a bat survey and shown a 'badger run' which both indicate the existing biodiversity of this part of the school. There are plans to leave the area close to the newly planted trees unmown to create a wildflower meadow and eventually develop a 'conservation area' along this boundary.

We were fortunate to be planting in the spring sunshine and look forward to seeing how the individual plants have changed by next spring, sprouting leaves and flowers and growing in height. We also look forward to watching the long-term changes in the landscape and hope that the addition of 60 new trees will benefit future generations of both people and wildlife.

Rowan

- ✓ Its Latin name is 'Sorbus aucuparia'.
- ✓ It has a smooth silvery grey bark.
- ✓ It has feather shaped leaves with 5-8 pairs of leaflets and 1 terminal leaflet at the end.
- ✓ It's a deciduous tree, the leaves turn orange and drop in autumn.
- ✓ It produces creamy white flowers with 5 petals that are grouped in clusters in May-June.
- ✓ The flowers can turn into red berries in August-October.
- ✓ It grows to about 15m in height with a round shaped crown.
- ✓ The leaves provide food for caterpillars, the flowers provide pollen for bees and the berries provide autumn food for birds.
- ✓ The berries can be eaten by humans and turned into jam.
- ✓ Rowan trees are commonly known as 'mountain ash' as they can survive at high altitudes of up to 2000m.
- ✓ It symbolises protection and the branches were used to ward away evil spirits.
- ✓ In Norse mythology it is known as 'Thor's protection' as Thor grabbed onto a Rowan to save himself from a rapid river.
- ✓ It can live for up to 200 years.



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Chemistry Olympiad Success for Harry

Designed to challenge and inspire, the UK Chemistry Olympiad is a unique opportunity for students to push themselves further and excel in the chemistry field.

Budding chemists will develop critical problem-solving skills, learn to think more creatively and get a chance to test their knowledge in new, real-world situations.

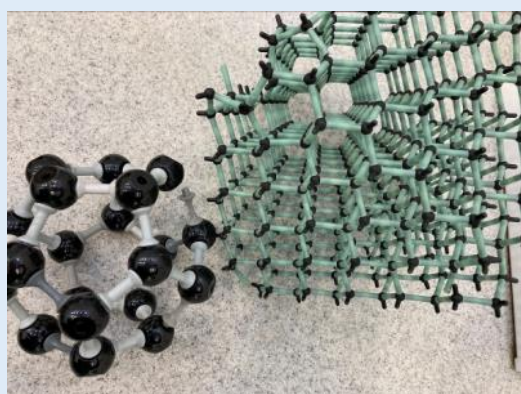
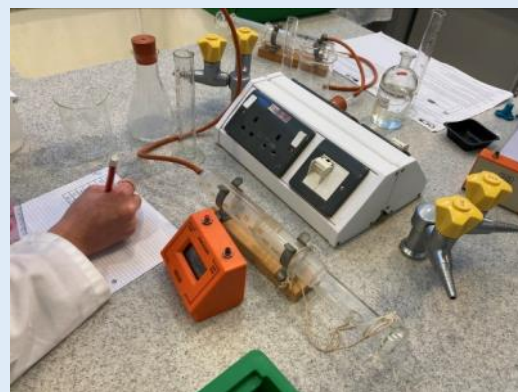
The UK Chemistry Olympiad is open to all secondary schools and colleges in the British Isles. However, the questions are aimed at students in their last year of study before higher education so we recommend that entrants should be at least 16.

The competition is designed to challenge, so will not be easy. Students should see it as an opportunity to develop their thinking and problem solving skills, and to test their existing knowledge of chemistry in real-world situations.

I am pleased to say that Harry Tiernan in Year 12 has achieved a bronze award. This is a fantastic achievement on such a challenging set of questions.

Harry will receive his certificate – alongside the other A level Chemists who will receive certificates of participation soon.

Ms Evry



Golfing Success

Year 8 student Frances S attended the Avon Schools Championship Golf Competition at Bristol & Clifton Golf Club representing Nailsea School. Frances scored 89 overall, which is her lowest score yet so she is really pleased and hopes her Handicap may come down to 18.

Over 90 participants competed in the event from a range of schools in the local area.

Frances should be very proud to have come fourth and we understand that she represented the school excellently well. This is great to hear as was the brilliant score and placement!

Congratulations Frances – Nailsea School looks forward to finding out whether you will be representing the school in the National competition!

#AimHigh



English Schools Golf Association			
Home	Login	Results	News
Fixtures	Contact ESGA		

Avon Schools Championship			
Competition in Progress			
View Startsheet			
Page will refresh results automatically for one hour			
Results			Nett (click to view)
1st	Ava (28)	Wellsbury School	64
2nd	Sienna (30)	Norton Hill School	65
3rd	Harry (30)	Brimham Green School	65
4th	Frances (24)	Nailsea School	65



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Duke of Edinburgh Awards Evening 2022

Despite two years of Covid-19 challenges dozens of students were able to collect their Duke of Edinburgh Awards. Mr Bunce, who has been organising the awards scheme for a number of years, presented Gold, Silver and Bronze awards at the evening—in front of a packed audience.

Congratulations to all those who have volunteered, hiked and learned new skills as part of the award, working in teams to finalise the challenges ahead of them. Mr Bunce thanked the numerous teaching and support staff for their help in assuring the students to qualify, he also thanked the individuals, charities and organisations who helped assess and monitor the various aspects of the qualification that needed signing off for completion.

The Duke of Edinburgh Awards will continue in Term 5, with those taking their bronze award hiking across the Mendips in mid-May. Term 4 sees the last time that Mr Bunce will lead the awards at Nailsea as he begins a new adventure outside of teaching.

Many thanks to Mr Bunce for all of his hard work in fostering such a strong interest, and making the awards achievable for so many during his time at Nailsea School.

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The Dementia Bus!

We were privileged to welcome the Dementia Bus to School on Friday 18th March to support our Health and Social Care students' understanding through experiencing elements of the condition first hand!

The experience was led by a company 'training2care' who provide medically and clinically proven training experiences across the country, including to the NHS and care homes. The Dementia Bus is the only experience that is proven to provide an insight into what dementia might be like, and has been based on years of medical and scientific research.

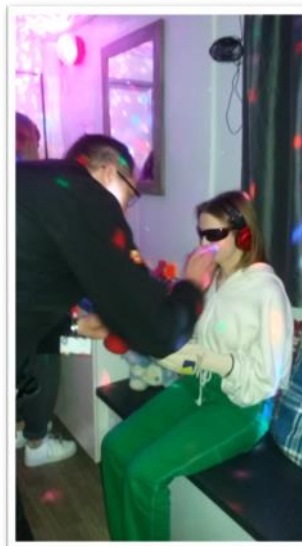
The Dementia Bus is aimed to replicate the experience of a Dementia Service User, including not knowing what to expect before they stepped onto the bus! Students were asked to remove their shoes, and insert a foot sole with spikes, put head phones on with loud background noises, and glasses that excluded their peripheral vision. They also had to wear two pairs of gloves that removed the sensation in their hands. To top it off, they were in darkness and led into the experience where they had to complete five simple tasks whilst flashing, disco lights moved around the room. These tasks ranged from 'finding something useful to do', to 'pairing the socks on the bed', to 'finding the black glasses' to 'being fed'!

The students' reactions were incredible to watch with every student responding to the experience differently, much like dementia itself. Students shouted out, followed each other around, stood still, rocked and shook their foot, withdrew into a ball and even showed signs of confusion. They were unable to complete the simple tasks that they had been instructed to carry out, and instead demonstrated key signs of dementia that would be visually evident as if observing a specialist dementia residential setting.

Following the experience, students had a debrief from the trainer where the symptoms that they experienced on the bus were paired with the biological reasons behind the condition. Students were keen to find out why every element they had been asked to do mirrored the symptoms of a Dementia Service User, including why they had to wear spikes in their shoes! They were introduced to a wide range of terminology and Health and Social Care concepts beyond their curriculum, and it was a pleasure to observe their enthusiasm for the sector.

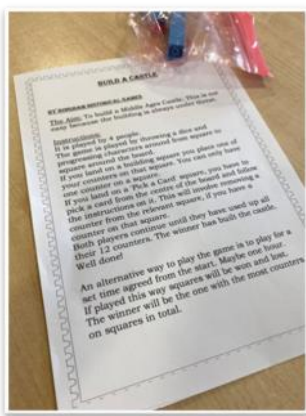
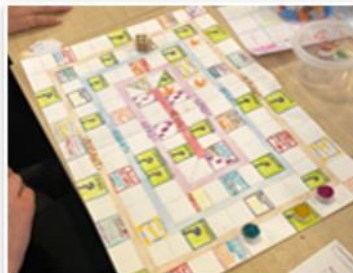
We will continue to talk about this training day over the course of many lessons as it will feed into many areas of our curriculum. All students had the opportunity to learn more about dementia care, through a lunchtime lecture and it was fantastic to see so many students involved in this. I further hope that it has inspired more of our students to consider a career in care, in a sector that is paramount to our communities.

A huge thank you to Nailsea Community Trust for supporting our training day and providing funding to enable this valuable trip to happen.



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Year 7s Excel at History Homework

This term in History some Year 7 classes have been getting creative with their homework! In Year 7 we have been examining what life was like for people who lived in medieval Britain including the difference between living in the town and countryside as well as the disgustingly devastating effects of the Black Death. Students took their time at home to review all of their learning and use it to create some fun and interesting games, all based on their learning this



term. We had classic games such as 'snakes and ladders' made into 'Ladders and Bladders' as well as Cluedo based games that required players to move between different buildings in the countryside. Some students created card games where the player's knowledge of medieval life was tested in return for important supplies such as bread and cows! In one game the aim was to build your own castle to protect from attack and another was based on Monopoly where you travelled the board collecting land and animals and the person with the most at the end won! Students wrote a review for the games they played and here was some of the feedback:

"That was better than Monopoly and Fortnite Monopoly!" Eleanor W

"It was fast moving, historical and colourful" Sophie B

"My favourite bit was when I won...but it would still have been fun if I had lost!" Megan K

Well done Year 7!

Mrs Nicholson



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Bristol City Scholarship

Many congratulations to Max D who has been offered a scholarship at Bristol City Football Club.

Not only is this a real accolade for the Year 10 student, but Max also has achieved scholarship status a year early. To reach this level, at this point in his life, shows that the young defender must be highly regarded by the championship club.

Max has been playing up a year group at school level. Usually players are offered a scholarship before Christmas in their u16 year group, but Max has been offered this 10 months early.

Well done Max, keep up the good work and positive attitude. #AimHigh



Sixth Form Clinical Psychologist Visit

A level Psychology students were visited by Dr Charlotte Swift, who is a clinical psychologist. Charlotte delivered a very intriguing and informative presentation detailing what the role of a clinical psychologist entails, the pathway to get there and how the psychology we learn is put into everyday practice.

As well as this, Charlotte also answered any questions that we had relating to the job or to wider aspects of a career within psychology. We found this very helpful and captivating as it gave us an idea of how to get into the career, it showed us a practical side to psychology and enabled us to learn about where it could take us in the future.

Charlotte also has lots of experience in many different fields of clinical psychology, and we found it particularly interesting that the job is not confined to just one type of practice but can cover a wide variety of aspects related to psychology, for example, prisons, PTSD and family court cases.

We felt very inspired by the end!

By Rosie H



Dr Charlotte Swift

Year 7 'Upped Their Game'

Mr Bunce was hugely impressed with the input Year 7 put into their Geography project. Students were asked to design and build a game with an educational element. The idea was for the game to inform and test knowledge of the environment and the issue it is facing such loss of habitat, climate change and pollution.

The standard of the finished pieces was incredibly high, and many looked like they could have been taken on by professional board game manufacturers.

Excellent work Year 7 Geographers!



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Update from Phoenix House

Phoenix House ambassadors have been meeting fortnightly where we have been talking about our new breakout room and how to decorate it. We will be adding more colourful posters and information about upcoming events for Phoenix House. Recently, we have also been discussing a survey completed by students about teaching styles to identify what students like, and what they want improvement on. We have fed these suggestions back to our Head of House, Mrs Wisby to help make a positive change.



Lots of students in school council and many Phoenix students around the school have been invited to watch a film as a reward for getting lots of house points this term! Phoenix tutors have also been crediting students that do particularly well by nominating them for 'Student of the Week'. Mrs Wisby reads out these people's names in house assembly every Friday and they are rewarded with sweets and house points – as well as being recognised as fantastic role models. Congratulations to anyone who has been Student of the Week so far!

Next term, you can look forward to the Phoenix House charity week and a makeover of the Phoenix breakout room.

By Lowena



Update from Unicorn House

Unicorns have been working hard to put together a number of events for Unicorn House. School Council members, meet every other Monday lunchtime in the Unicorner. These meetings are a great time to discuss events and an opportunity to put forward any 'student voice' opinions.



The Unicorn House charity day is **16th May**. Events include teachers race, fun run (sign up list coming soon), slap and dash and non-uniform day. Keep your eyes open in term 5 for more information!

The House captains are looking for Unicorn volunteers to decorate the Unicorner. There are 20 house points on offer for attending each session until fully decorated, Mondays after school. We are currently working on a bid to the PTA for funding to purchase items for the corner.

By David and Moses



Pictured: Each House now has a meeting base.

HOUSE POINTS COMPETITION

★ Dragon 63700	<div style="width: 100%;"></div>
★ Unicorn 59868	<div style="width: 94%;"></div>
★ Phoenix 53604	<div style="width: 84%;"></div>
★ Griffin 51013	<div style="width: 79%;"></div>

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Nailsea School Rewards & Behaviour

On Task = 1 HP	Good Work = 1 HP	Good Questioning = 1 HP	Good Progress = 1 HP	Kindness = 1 HP														
Pride in Presentation = 1 HP	Positive Tutor Time = 1 HP	Homework Reward = 1 HP	Perseverance = 1 HP	Sharing = 1 HP														
Caring = 1 HP	Excellent Influence on Others = 1 HP	Extra-Curricular Achievement = 5 HP	Helping Others = 1HP	Ready to Learn = 1 HP														
Speak Like an Expert = 1 HP	Role Model = 3 HP	Headteacher Student of the Week = 5 HP	Head of House Student of the Week = 5 HP	Aspire Believe Succeed = 5 HP														
School Captain Student of the Week = 5 HP	Special Event = 50 HP	Heads of House Aspiration Award = 20 HP	Past Paper Completed = 25 HP	Past Paper Completed & Self Assessed = 50 HP														
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	25 House Points																	
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Period 6 Attendance = 10 HP	Lunchtime Lecture Attendance = 10 HP	All Extra Curricular = 5 HP																

Who will be this year's House Champions?



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TERM 4

Please visit our website as we have updated information on the ABSolute Curriculum: <https://www.nailseaschool.com/student-life/absolute-curriculum/>



Feminist Club Assembly

It was a privilege to sit, listen and learn from our wonderful Sixth Form students who led the assembly week introducing their Feminist Club and what the group have done to make a difference in tackling sexual harassment in schools. This truly was an inspiring assembly and shows what a fantastic community Nailsea School is.

Student Voice

It has been a great joy this term to conduct student voice surveys both in person and online on the ABSolute Curriculum. It is clear from the feedback that the ABSolute Curriculum is a vital, important and a necessary part of Nailsea School in providing our students with the skills they need to live in the wider world. It has also been inspiring to see that students care about the ABSolute Curriculum and are invested in giving constructive feedback that means we can and will improve the experience that students get.

St John's Ambulance First Aid workshops

In term 4, we have been able to offer our Year 8 and Sixth Form students an amazing after-school opportunity to have first aid workshops delivered by the fantastic Emergency Ambulance Crew at Nailsea & Backwell Cadets. These opportunities were grasped by students to learn about CPR (Cardiopulmonary resuscitation), AED (Automated external defibrillator) and Recovery in two workshops attended by over 50 students. In a further workshop, 30 students had a workshop on choking, major bleed and anaphylaxis. These opportunities are vital in ensuring that our students are prepared with the skills they need to live in the wider world.

"No means No" Police talks

During Y11 ethics lessons this term, the local police have delivered talks on the difficult but necessary topics of consent, sexual violence and assault. Students were very receptive to the messages delivered to them and were able to discuss how to live safely, responsibly and to keep themselves and others safe.

Off the Record Drop-ins

One of the best things about coordinating the ABSolute Curriculum is the opportunity to work with visitors and outside agencies. This term, we have continued working with our friends from OTR (Off The Record) who have organised fortnightly drop-ins at lunch time for our students. These have been a great success and will continue in term 5 on a Monday week 2, at lunchtime in room 139.

Mr Boyce



Looking ahead: Term 5 Extended Tutor Time topics

- Year 7- Puberty, emotional health and wellbeing
- Year 8- Looking after our health
- Year 9- Wellbeing and revision techniques
- Year 10- Wellbeing and revision techniques
- Year 11- Targeted Exam preparation Programme
- Year 12- Knowing your skills
- Year 13- Exam Preparation

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Increase in Numbers at Nailsea School

Nailsea School has seen a dramatic increase in the number of applications it has received for a place in Year 7 at the start of the 2022 school year. The school has been requested by North Somerset Council to increase its PAN (Published Admission Number) to 220 places to meet the surge in demand, and this year's application figures have exceeded expectations.

Nailsea School goes from strength to strength with structural changes to the staffing body including the appointment of a Deputy Headteacher. The increase in admission figures is attributed to the school's nurturing approach, focusing on achievement for all, working with students, parents and the community to build aspirations and rewarding successes throughout the school at all levels.

Headteacher Dee Elliott said:

"We are looking forward to meeting the newest members of Team Nailsea, to welcoming them along to our community and helping them develop and reach their aspirations. It is an exciting time for the school as we move out of the confinement of Covid-19 restrictions and continue our progress."

The school joined the Wessex Learning Trust – a multi academy trust in 2021, which has created further opportunity for shared learning and best practice opportunities.



Nailsea School
Music

Summer Concert

24.06.22 at 7pm

Tickets £6 Adults | £4 Concessions

For further details please contact Mrs Perkins
email: L.Perkins@nailseaschool.com

Learning Resource Base

Students from the Learning Resource Base have been enjoying the Spring sunshine this term, using brightly coloured chalks to decorate their outside learning area.



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Careers Update

All Year 11s have now had their 1:1 interview with Mrs Britton. Mrs Britton is now following up students to ensure that if they have applied to a Higher Education course that they have an offer of a place for September 2022 and continues to support students who are looking for apprenticeships. Congratulations to the students who have already secured an apprenticeship.

Year 10 are preparing for their work experience week, and it is lovely to see so many students being offered a placement. Work experience is a valuable opportunity for students to gain confidence and to try out careers that they may be interested in. Work experience helps for CVs, as well as for future applications for post 16 and post 18 study. Virtual work experience is also valuable as some companies are not participating in onsite work experience or some areas are very difficult to obtain experience in. Virtual opportunities can be found at www.springpod.com. Year 10s will start to have their 1:1 careers interview with Mrs Britton after Easter, and this is an excellent opportunity to start to think about post 16 plans.

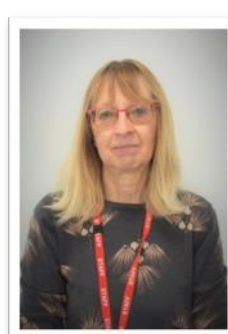
Having had Junior Saunders presenting to Year 10 and Year 11 about apprenticeships, we are looking forward to him returning in May to present to 6th Form. Junior is also happy to present up to date information about apprenticeships to a group of parents. Please email Mrs Britton if this is something you would be interested in.

Years 10, 12 and 13 Health and Social Care students visited Weston College Hospital Suite on 1st April 2022. This has taken a lot of planning but is a fantastic opportunity for these students.

There is an opportunity for Years 8 and 9 to hear about studying at Trinty College, Oxford the live talks can be accessed on the link below. Year 8 and 9 Programme, Session 3 on April 12th at 16:00

https://cambridge.eu.qualtrics.com/jfe/form/SV_0uef6xOncT26MZ0

Apprenticeship vacancies and work experience opportunities are posted weekly on the careers bulletin and on #WorkLifeWednesday Tweets. Opportunities are also emailed to relevant year groups. The careers bulletin is updated on Wednesdays and can be found on school website. Remember to look out for our weekly tweets #WorkLifeWednesday around local careers events and opportunities ideal for a range of year groups and expertise. Mrs Britton is in the library staff base on Mondays and Tuesdays. Students are welcome to email or drop in to arrange an appointment. EMAIL: DBritton@nailseaschool.com



The Friday Lecture

Friday 11th March saw a near packed auditorium for the lecture to be given by Year 13 students Megan and Marika. We were entertained by various different Spanish artists including Enrique Iglesias and Shakira.

There were lots of answers to the questions posed by the sixth formers including spot the flags and can you name the type of dance seen in one of the videos.

The session culminated with a famous band from Miami who had a song with Little Mix and the students seemed to enjoy a sing along to Reggetón Lento.



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We are pleased to be able to let you know of support services in School

Sirona Care and Health School Health Nursing

A school nurse clinic is held in school on a Tuesday. Run by a registered nurse, it offers students an opportunity to access a free and confidential health service. The clinic provides support, guidance, advice and referrals to other services, as needed, on a wide range of health issues/concerns such as emotional, mental health issues, sexual health as well as support in relation to healthy lifestyles.

Whilst this service is confidential, young people are encouraged to involve their parents/carers

Further information please see

<https://cchp.nhs.uk/cchp/explore-cchp/school-health-nursing/north-somerset>

Off The Record North Somerset

Off The Record is a mental health social movement by and for young people aged 11-18 in North Somerset. Students can sign up on line for support sessions in a variety of mental health subjects, including anxiety, low mood and eating issues. Community Development Workers also offer drop in sessions in school on a Monday Lunchtime. These are safe and relaxed spaces where students can come along for a chat, play some board games or undertake some creative activities. The Workers are there for students to chat to about how things are going and to talk about the support services offered.

Further information please see [Home - OTR - North Somerset \(otrnorthsomerset.org.uk\)](https://otrnorthsomerset.org.uk)

KOOTH

Kooth PLC is a digital mental health and wellbeing company working to provide a welcoming space for digital mental health care, available to all.

Kooth can offer young people a safe and welcoming space to explore their mental health needs. For the past 15 years Kooth have been the UK's leading provider to the NHS in effective online mental health support.

For further information and help please see [Kooth.com](https://www.kooth.com)

MHST (Mental Health Support Team)

The MHST service offers individual, group and parent-led low intensity cognitive behaviour therapy interventions to children aged 5 years to 18 years, with mild to moderate mental health difficulties that could include; anxieties, low mood, exam stress and friendship issues.

We have a trained CBT Therapist based in School every Wednesday. She can see 4 students for up to 10 weeks. She helps students focus and understand the link between thoughts and behaviours, and how this impacts how they feel, and work towards developing coping skills.

Whilst this service is confidential, young people are encouraged to involve their parents/carers.

Further information please see [MHST - OTR \(otrbristol.org.uk\)](https://otrbristol.org.uk)



If you are struggling and feel that you need support you can contact the pastoral team on the email addresses below:

Safeguarding Team: Safeguardingteam@nailseaschool.com

Mr Graffagnino - Safeguarding Lead

DGraffagnino@nailseaschool.com

Mrs Tudor - Deputy Safeguarding Lead

RTudor@nailseaschool.com

Alternatively if you would prefer support outside of school please see the directory of services on the school website for outside agencies or contact your GP. If you worry that you cannot keep yourself safe, please call 999.

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NAILSEA SCHOOL STARS

Celebrating those that have aimed a little bit higher, believed in going the extra mile and succeeded in reaching their goals. If there's someone you think deserves "Nailsea School Stars" recognition, then please do drop us an email with details to fdavies@nailseaschool.com

Year 7

- ★ The Humanities star for "Kindness" goes to Henry DR from Mrs Lange for always encouraging others in Ethics lessons and your positive outlook in Humanities. #BeProud
- ★ The Expressive Arts star for "kindness" goes to Isla S from Mrs Hancock-Martin for being supportive to another student when refining her painting skills- great advice given!
- ★ The Health star for "Kindness" goes to Isla S from Mrs Wells for helping others in lessons and encouraging them to get involved with extra curricular clubs. #BeKind
- ★ The MFL star for "Pride" goes to Jack GS from Mrs Lange for your passion and commitment in learning Spanish. #AimHigh
- ★ The Health star for "Pride" goes to Leo H from Mr Giblett for your positive attitude towards your learning in Netball. #BeProud
- ★ The Maths star for "Pride" goes to Moses A from Mrs Rogers for always trying really hard, producing excellent work in class and going the extra mile with his work outside of lessons. #AimHigh
- ★ The English / Drama star for "Ambition" goes to Natalie P from Mrs Ratty for her amazing creative writing. A novelist of the future.
- ★ The MFL star for "Ambition" goes to Toby K from Mr Paillier for thoughtful questioning and excellent level of challenge in French lessons.
- ★ The Business / IT star for "Ambition" goes to Toto P from Miss Jarvis for incredible contributions every lesson. #AimHigh

Year 8

- ★ The English / Drama star for "Ambition" goes to Alfie F from Mrs Cooper for fantastic engagement with Romeo and Juliet, taking on a challenging text.
- ★ The Maths star for "Kindness" goes to Destany K from Miss Kelly for improved attitude and kindness shown in lessons. #BeKind
- ★ The MFL star for "Respect" goes to Florence N from Mrs Dunn for always being polite and respectful during lessons and always meeting and greeting in the target language.
- ★ The Health star for "Pride" goes to Ilaria N from Miss Wild for your achievements in your circuit training.
- ★ A Science star for goes to Noah L from Mrs Brewster staying calm so you could do well in your science exam.
- ★ The Science star for "Pride" goes to Saffie H from Miss Smith for always trying their hardest in their Science lessons.
- ★ The Expressive Arts star for "Community" goes to Samantha S from Mrs Humphries for participating in various extra-curricular music groups.

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NAILSEA SCHOOL STARS - CONTINUED

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Year 9

- ★ The Humanities star for "Ambition" goes to Brooke M from Ms Thompson for always trying her hardest in her Geography lessons.
- ★ The MFL star for "Kindness" goes to Brooke M from Mr Paillier for a consistently positive attitude to learning and polite manner.
- ★ The Science star for "Kindness" goes to Connor S from Mr Smith for always being on time and helping to set the classroom up for lessons.
- ★ The Maths star for "Community" goes to Hector S from Miss Kelly for all the support you offer to the maths community at Formula 1. #TeamNailsea
- ★ The Expressive Arts star for "Ambition" goes to Jack F from Miss Evans for always being enthusiastic and focused in his Film/Media studies course.
- ★ The English / Drama star for "Kindness" goes to Jacob W from Miss Hitchings for always being polite and helpful in Drama lessons.
- ★ The Business / IT star for "Ambition" goes to Thomas F from Dr. Jessop for hard work and great ideas. #AimHigh

Year 10

- ★ A Science star for "Ambition" goes to Abi O'L from Miss Smith for continued hard work and commitment to learning in Biology.
- ★ The MFL star for "Pride" goes to Amon S from Miss Cahill for excelling orally in French lessons this term.
- ★ The Expressive Arts star for "Pride" goes to Anaska L from Ms Davies for being so ambitious, creative and meticulous with her coursework.
- ★ The Business / IT star for "Pride" goes to Ben W from Miss Evans for always aiming to his best in Business Studies and showing he can apply his new found business knowledge and understanding.
- ★ The English / Drama star for "Respect" goes to Chloe B from Mrs Lange for helping others in the lesson and 'speaking like an expert'. #BeProud
- ★ The Health star for "Ambition" goes to Connor B from Mr Truan for excellent progress in his assignment. #AimHigh
- ★ A Science star for "Ambition" goes to Emily S from Mr Bedford for getting full marks on recent Biology assessment. #AimHigh
- ★ The Business / IT star for "Kindness" goes to Freddie W from Miss Evans for using his own skills and knowledge to support and help others in the ICT lessons.
- ★ The Humanities star for "Pride" goes to Rhian J from Ms Thompson for the excellent work she has been doing in Geography, and for always completing any catch up of work when it is needed.

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Year 11

- ★ The English / Drama star for "Community" goes to Ben A from Ms Cowling for always being so helpful in the classroom, handing out everyone's books and tidying up the space. #TeamNailsea
- ★ The Expressive Arts star for "Respect" goes to Jamie G from Ms Britton for excellent work on his magazine coursework.
- ★ The Maths star for "Ambition" goes to Jenny C from Miss Kelly for her efforts with the UKMT Challenge. #AimHigh
- ★ The English / Drama star for "Pride" goes to Joe R from Ms Jacobs for taking incredible pride in his work. #AimHigh
- ★ The MFL star for "Community" goes to Martha L from Mrs O'Reilly for being an excellent role model to other students in Spanish by demonstrating her enthusiasm for learning and understanding.
- ★ The Humanities star for "Ambition" goes to Megan A from Mrs Booker for her incredible work ethic. #AimHigh
- ★ The Health star for "Respect" goes to Molly W from Mrs Gardiner for always helping others and being respectful to others in the class.
- ★ The Business / IT star for "Ambition" goes to Oscar P from Miss Evans for constantly striving to his best in ICT over the two year course.

Sixth Form

- ★ A 6th Form star for "Ambition" goes to Harry T from Ms Evry for achieving a bronze award in the notoriously challenging International Chemistry Olympiad. #AimHigh
- ★ A 6th Form star for "Pride" goes to Marika N & Meg F from Miss Cahill for leading the MAT Spanish lecture with Senora Dunn.
- ★ A 6th Form star for "Community" goes to Shaza L from Mr Smith for promoting and running superb extra-curricular activity for Y8 students. #TeamNailsea
- ★ The 6th Form star for "Community" goes to Jack R, Jack H, Rosie H, Brooke M, Jack H, Nathan W, Leo B, Tom H, Darren S from Ms Thompson for helping plant trees and supporting the lower school on Friday 25th - thank you!
- ★ A 6th Form star for "Ambition" goes to Year 12 Geographers from Ms Thompson for working so hard on their NEAs well done team.

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