



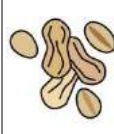



DISHES AND THEIR ALLERGEN CONTENT – Nailsea School

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Macaroni Cheese		✓ Wheat					✓						✓	
Sweetcorn														
Bread Roll		✓											✓	
Butter							✓							
Cookie & Chocolate Ice Cream sandwich		✓ Wheat					✓						✓	

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DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Breakfast Bap		✓ Wheat		✓									✓	✓ Sausages
Chips													✓	
Beans														
Veggie Breakfast Bap		✓ Wheat/Barley		✓									✓	
Pancakes with Lemon & Syrup		✓ Wheat		✓			✓						✓	



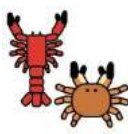

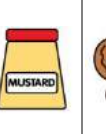



Review date: 28th February 2022

Reviewed by: Jo Brown




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DISHES AND THEIR ALLERGEN CONTENT – Nailsea School

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Roast Pork														
Roast Potatoes													✓	
Carrots														
Broccoli														
Stuffing		✓ Wheat/Barley											✓	
Apple sauce														
Gravy	✓	✓ Wheat/Barley					✓						✓	
Stuffed Peppers	✓	✓ Wheat					✓						✓	
Fresh Fruit Salad & Flapjack Triangles													✓	

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	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Gingerbread Men		✓ Wheat		✓									✓	
Sweet & Sour Chicken		✓ Barley					✓ Possible					✓ Possible		
Noodles	✓	✓ Wheat		✓			✓					✓	✓	
Mixed Vegetables														
Prawn Crackers			✓										✓	
Sweet & Sour Vegetables		✓ Barley												
Chocolate Chip Sponge with Chocolate Sauce		✓ Barley					✓						✓	

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	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Battered Fish		✓ Wheat											✓	
Chips													✓	
Baked Beans														
Peas														
Spinach & Feta Slice		✓ Wheat					✓		✓				✓	
Ice Cream Takeaways		✓ Wheat		✓			✓							

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	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Vegetable Moussaka	✓	✓ Wheat					✓						✓	
Greek Style Salad	✓						✓							
Warm Pitta Pockets		✓ Wheat												
Banana Split Boats		✓ Wheat					✓							

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Homemade Sausage Rolls with Cheese & Ketchup		✓ Wheat		✓			✓						✓	
Chips													✓	
Baked Beans														
Salad	✓													
Chilli Bean Rolls	✓	✓ Wheat											✓	
Belgian Waffles		✓ Wheat					✓						✓	
Vanilla Ice Cream							✓						✓	

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	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Roast Chicken														
Roast Potatoes													✓	
Roasted Vegetables													✓	
Peas														
Stuffing		✓ Wheat											✓	
Gravy	✓	✓ Wheat/Barley					✓						✓	
Veggie Casserole	✓	✓ Wheat/Barley											✓	
Apple Crumble with Custard		✓ Wheat					✓							

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	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Iced Buns		✓ Wheat					✓						✓	
Bacon														
Sausage		✓ Wheat											✓	✓
Fried Egg				✓									✓	
Toast		✓												
Baked Beans														
Scallop Potatoes													✓	
Hash Browns		✓ Wheat					✓						✓	✓
Veggie Sausage		✓ Wheat/Barley		✓										
Toffee Cheesecake		✓ Wheat					✓							


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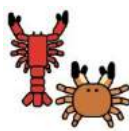


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	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Katsu Chicken Baguette		✓ Wheat		✓			✓		✓				✓	
Chips													✓	
Baked Beans														
Salad	✓													
Katsu Quorn Baguette		✓ Wheat		✓			✓		✓				✓	
Millionaires Slice		✓ Wheat					✓						✓	

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	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Spaghetti Napolitano with Mozzarella		✓ Wheat											✓	
Cheesy Garlic Bread		✓					✓						✓	
Mixed Salad	✓													
Oreo Ice Cream Balls		✓ Wheat					✓						✓	

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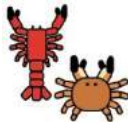


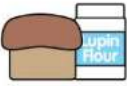










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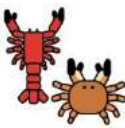
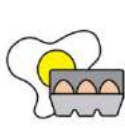





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Cornish Pasty		✓ Wheat		✓			✓						✓	
Chips													✓	
Baked Beans														
Peas														
Cheese & Onion Pasty		✓ Wheat					✓						✓	
Lemon & Syrup Sponge with Custard		✓ Wheat					✓						✓	

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	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Roast Turkey														
Roast Potatoes													✓	
Green Beans & Peas														
Roasted Carrots													✓	
Stuffing		✓ Wheat/Barley											✓	
Gravy														
Vegetable & Cheese Pie	✓	✓ Wheat					✓						✓	
Jelly & Mousse Cup							✓							

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Chocolate Krispy Cakes		✓ Barley					✓							
Chicken Korma							✓		✓	✓	✓			
Chicken Tikka									✓	✓ Possibly	✓ Possibly			
Rice														
Mixed Vegetables														
Nan Bread		✓ Wheat												
Vegetarian Balti									✓	✓	✓			
Frozen Eaton Mess				✓			✓							

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Chilli Dog with Melted Cheese		✓ Wheat					✓						✓	
Chips													✓	
Baked Beans														
Coleslaw		✓ Wheat		✓			✓		✓				✓	
Veggie Dog		✓ Wheat/Barley		✓									✓	
Chocolate Brownies		✓ Wheat					✓						✓	