

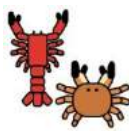
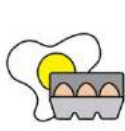














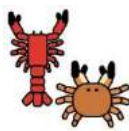


## DISHES AND THEIR ALLERGEN CONTENT – Nailsea School

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Jacket Potato														
Beans & Cheese							✓							
Vegetarian Korma							✓	✓ May Contain	✓ May Contain	✓ May Contain				
Salad	✓													
Coleslaw				✓										
Falafels, Humus, Sweet Chilli Sauce		✓											✓	
Very Berry Smoothies							✓							

## DISHES AND THEIR ALLERGEN CONTENT – Nailsea School

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chicken Kiev		✓ Wheat		✓			✓						✓	
Chips													✓	
Beans														
Salad	✓													
Garlic Mushrooms		✓ Wheat					✓						✓	
Bread & Butter Pudding with Custard		✓ Wheat		✓			✓						✓	

## DISHES AND THEIR ALLERGEN CONTENT – Nailsea School

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Roast Pork Chop													✓	
Roast Potatoes													✓	
Peas & Carrots														
Broccoli Mornay		✓ Wheat					✓							
Stuffing		✓ Wheat											✓	
Gravy	✓	✓ Wheat					✓						✓	
Vegetable & Cheese Crumble	✓	✓ Wheat					✓						✓	
Iced Lemon & Blueberry Cake		✓ Wheat											✓	

## DISHES AND THEIR ALLERGEN CONTENT – Nailsea School

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Spicy Beef & Rice Burrito	✓	✓ Wheat					✓						✓	
Potato Wedges													✓	
Mexican Style Salad														
Vegetable & Rice Burrito	✓	✓ Wheat					✓						✓	
Malteser Cheesecake		✓ Wheat					✓						✓	

Review date: 5<sup>th</sup> January 2022

Reviewed by: Jo Brown



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## DISHES AND THEIR ALLERGEN CONTENT – Nailsea School

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Sausage, Onion & Cheese Bap		✓ Wheat					✓						✓	✓
Chips													✓	
Beans														
Veggie Sausage & Cheese Bap	✓	✓ Wheat					✓						✓	✓
Ice Cream Takeaways		✓ Wheat		✓			✓						✓	

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## DISHES AND THEIR ALLERGEN CONTENT – Nailsea School

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Vegetable Lasagne		✓ Wheat		✓ May Contain			✓						✓	
Garlic Bread		✓ Wheat					✓						✓	
Corn														
Salad	✓													
Pink Raspberry Slice		✓ Wheat											✓	

## DISHES AND THEIR ALLERGEN CONTENT – Nailsea School

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chicken & Broccoli Pie with Cheese		✓ Wheat		✓			✓						✓	
Chips													✓	
Beans														
Peas														
Gravy	✓	✓ Wheat					✓						✓	
Vegetable & Cheese Pie		✓ Wheat		✓			✓						✓	
Jelly with Ice Cream							✓							






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## DISHES AND THEIR ALLERGEN CONTENT – Nailsea School

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Roast Turkey														
Roast Potatoes													✓	
Roast Carrots													✓	
Green Beans & Peas														
Stuffing	✓	✓ Wheat & Barley											✓	
Gravy		✓ Wheat					✓						✓	
Veggie Casserole		✓ Wheat											✓	
Sticky Toffee Pudding with Toffee Sauce & Ice Cream		✓ Wheat					✓						✓	

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## DISHES AND THEIR ALLERGEN CONTENT – Nailsea School

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Katsu Chicken		✓ Wheat		✓									✓	
Rice														
Ribbon Salad														
Quorn Katsu		✓ Wheat		✓									✓	
Cookie & Ice Cream Sandwich		✓ Wheat					✓							

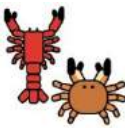
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## DISHES AND THEIR ALLERGEN CONTENT – Nailsea School

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Breaded Fish Finger Bap (with Mayo)		✓ Wheat		✓			✓						✓	
Chips													✓	
Beans														
Quorn Nuggets in a Bap		✓ Wheat		✓			✓						✓	
Butterfly Cakes		✓ Wheat					✓						✓	

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## DISHES AND THEIR ALLERGEN CONTENT – Nailsea School

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Sheppherdless Pie with Cheesy Mash	✓	✓ Wheat					✓						✓	
Peas & Carrots														
Onion Gravy	✓	✓ Wheat											✓	
Chocolate Fudge Cake with Ice Cream		✓ Wheat					✓						✓	



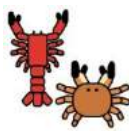
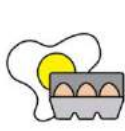










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## DISHES AND THEIR ALLERGEN CONTENT – Nailsea School

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Ham & Egg				✓										
Chips													✓	
Beans														
Salad	✓													
Cheese Omelette				✓			✓						✓	
Lemon & Syrup Pancake		✓ Wheat					✓						✓	



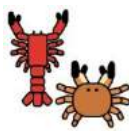
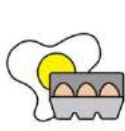










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## DISHES AND THEIR ALLERGEN CONTENT – Nailsea School

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Roast Chicken													✓	
Roast Potatoes													✓	
Stuffing		✓ Wheat											✓	
Gravy														
Broccoli														
Roast Winter Vegetables													✓	
Stuffed Peppers	✓												✓	
Bakewell Tart		✓ Wheat											✓	



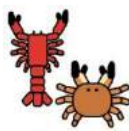
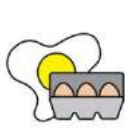










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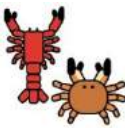


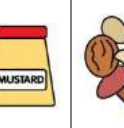
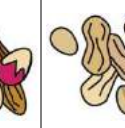

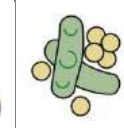


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## DISHES AND THEIR ALLERGEN CONTENT – Nailsea School

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Bacon													✓	
Sausage		✓ Wheat											✓	✓
Egg				✓									✓	
Toast		✓ Wheat												
Beans														
Hash Browns		✓ May Contain Wheat					✓ May Contain						✓	✓ May Contain
Scallop Potatoes													✓	
Veggie Sausage		✓ Wheat											✓	✓
Ice Cream Sundae							✓						✓	

## DISHES AND THEIR ALLERGEN CONTENT – Nailsea School

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Hunters Chicken in a Bap		✓ Wheat					✓		✓				✓	
Chips													✓	
Beans														
Salad	✓													
Loaded Veggie Pizza		✓ Wheat					✓						✓	
Chocolate Brownies		✓ Wheat		✓			✓						✓	



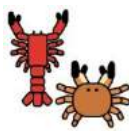
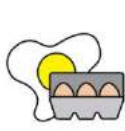










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## DISHES AND THEIR ALLERGEN CONTENT – Nailsea School

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Pasta		✓ Wheat												
Pasta Sauce	✓												✓	
Chicken Balti							✓		✓ May Contain	✓ May Contain	✓ May Contain			
Rice														
Soups	✓	✓ Wheat					✓						✓	
Curry Sauce		✓											✓	

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