



Nailsea School

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Safety and Welfare Student Update

Dear Students of Nailsea School,

We believe that your safety and welfare is very important. During this time of lockdown you may feel lonely or you could have concerns or worries that you feel you cannot speak about. We are here for you.

Nailsea School takes its responsibility to safeguard and promote the welfare of all pupils very seriously. This means we should notice if you are being treated badly, listen to you if you want to talk to us about a problem and take advice from other professionals if you need extra help.

Young people are nearly always safe at home, at school and in the community, but sometimes things can happen to make them worried, upset or afraid.

If we think a pupil has been harmed or is at risk of being harmed, we have a set of rules we follow to help to protect you. These rules are called safeguarding procedures and a copy of our safeguarding policy is available on the school website.

Although your safety is the responsibility of adults there are ways you can help yourself to keep safe, too.

A list of people you can talk to if you are worried, upset or afraid is included on the back page of this booklet.

Remember, you don't need anybody's permission to talk about your worries and you have the right to talk to anyone you wish. If you are worried about yourself or someone else you can email safeguarding@nailseaschool.com and a member of the safeguarding team will respond to your email. It is really important that if you don't feel quite right you talk to someone. For further advice and guidance please look at the wellbeing section of the school website where you can find the wellbeing directory, amongst other resources.

What we do to keep you safe...

Nailsea School does lots of things to help you to stay safe. Here are some of them:

- We have a safeguarding policy. This policy explains how children might be harmed, the signs to look for and what staff should do.
- We have other policies that provide information for staff and pupils about things like bullying, internet safety and physical contact.
- All staff go through a check to assess their suitability to work with children.
- All staff are trained to recognise signs of abuse and neglect and know what to do if they are concerned about a pupil's welfare.
- We encourage pupils to tell us when something is wrong.
- We respect all pupils as individuals and we don't tolerate discrimination.
- We give pupils information to help them keep safe.
- We do risk assessments to test whether an activity is going to be safe for pupils.
- We have a health and safety policy that covers such things as fire regulations, first aid, food safety and generally ensuring the academy premises are safe.
- All staff that wear a green lanyard have received special training in protecting children from abuse and neglect and they make sure the safeguarding procedures are followed.
- Mr Mawford is the school Designated Safeguarding Lead and all Heads of House can be the first point of contact.
- We work in partnership with parents/carers/ guardians to keep their children safe.
- If necessary, we talk to other people such as social workers and police officers if we think a pupil has been harmed or might be harmed by an adult.

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Talk to an adult - someone in the family or someone at school - if anyone says or does anything that worries or frightens you

Mobile phones and computers are a part of everyday life for most young people, they may be more in use at the moment during lockdown. Used correctly, they are an exciting source of communication, but used incorrectly, or in the wrong hands they can be a threat to your safety. You might receive insulting or abusive texts or emails, or you may talk to someone in a chat room or on a social networking site who isn't who they say they are and who is not a safe person to be talking to.

Here are some tips for keeping yourself safe on the mobile and online:

- Don't put up with abusive texts, photos or videos. **Show them to an adult** and make sure the person who sent them knows you are taking action to stop them. Keep, don't delete until the problem is sorted.
- Think about the language you use in texts. If you wouldn't like it said about you, don't say it about anyone else.
- Don't reveal your full name, address or phone number to people you meet on the internet unless you check it out with your parent or carer.
- Don't allow anyone online to trick you into doing something against your wishes or something you know you shouldn't do.
- Remember that any emails you send or photos you upload to the internet **can't be destroyed. They are there forever. Think before you post something you might later regret.**
- You shouldn't be meeting anyone during lockdown but people who may want to cause you harm may try and encourage you to do so.
- **Never arrange to meet up with someone you meet online.**
- Block any users who you are unsure about and break off contact with anyone who makes you feel worried.
- Don't use your real name in chat rooms or use any handle or nickname that reveals personal details, such as the town or street you live in.

Share Concerns

If you are ever concerned about your safety or well-being or about the safety of another pupil, you should talk to someone such as a parent/carer/ guardian, and/or a member of staff at school.

Talking about a problem helps, and if the problem cannot be resolved by the member of staff that you have talked to, they will find other people to help.

Designated Safeguarding Lead: CMawford@nailseaschool.com

For more information on staying safe and to access links to staying safe websites visit the safeguarding page and e-safety areas on the school website: -

<https://www.nailseaschool.com/wp-content/uploads/2020/03/Directory-of-services-mental-health-and-wellbeing-Online-version.pdf>

Other Contacts

If you do not feel you can talk to anyone at home or school, you can contact the **Police**, telephone number 101, (in an emergency, always ring 999).

Help for children & young people: **CHILDLINE 0800 1111**

Online counselling for young people: www.kooth.com

What is Prevent?

- Prevent is part of the Government's **Counter-terrorism Strategy**.
- The aim of Prevent is to **stop people from becoming terrorists or supporting terrorism**.



If you suspect someone of terrorist activity online or otherwise. Contact school or contact the police PREVENT team directly.

Telephone the Anti-Terrorist Hotline [0800 789 321](tel:0800789321)

Talk To Frank - If you would like to know more information from the UK Government backed site covering all drug related questions in a no nonsense frank way, you can contact - <https://www.talktofrank.com/>